



Other Drugs

Focuses on the effects, risks, and consequences of illicit drug use and prescription drug misuse

Our **Other Drugs** online course is an intervention for individuals with current or past experiences with illicit drugs and/or prescription misuse. It addresses hallucinogens, opiates, sedatives, ecstasy, inhalants, synthetic marijuana, and commonly misused prescription medications, such as stimulants (Adderall, Ritalin), painkillers, and tranquilizers.

Other Drugs provides personalized feedback and addresses risks, effects, and consequences to the individual in a motivational interviewing style. Personalized feedback is summarized in a confidential **MY SUMMARY** report. In a counselor/coach setting, the report helps the facilitator determine appropriate levels of treatment and intervention. It helps the individual recognize and reflect upon their beliefs, attitudes, behaviors, and experiences and serve as steps toward behavior change and self-improvement.

INTERVENTION

- For individuals with drug use/misuse
- Referral and counseling

COURSE FEATURES



Each student receives a confidential **MY SUMMARY** personalized feedback report



Student Management System to view enrollment and completion records



Pre-tests and post-tests provide measurements of behavior change and knowledge gains



Create aggregate outcome reports

LEARNING OUTCOMES

After taking **Other Drugs**, the individual will be able to:

- Understand the mental, physical, and emotional effects associated with the four main categories of psychoactive drugs
- Recognize symptoms of addiction, tolerance, and dependence for each drug category
- Recognize signs and stages of an overdose for each drug category
- Take appropriate action in an overdose situation
- Understand the similarities and effects abused prescription medications have with psychoactive drugs
- Recognize proper uses of medications and scenarios in which they are necessary
- Identify the dangers of prescription drug use as well as the potential and risk factors for misuse
- Understand the addictiveness of legal and illegal opioids
- Identify personal strategies for avoiding prescription drug misuse
- Understand the effects depressants have and what that means for tolerance build up and addiction
- Debunk myths regarding effects of stimulants and better learning
- Recognize that peer use is less common than typically perceived
- Understand the dangers of sharing prescription medication
- Analyze both classic and dissociative hallucinogens and their differing effects on both brain and body
- Understand the dangers of mixing psychoactive drugs
- Identify possible gateway drugs and the correlation between early use and higher addiction rates
- Identify personal reasons for drug use
- Recognize the importance of making a change to lessen or end personal drug use
- Identify personal triggers for use
- Develop a personalized strategy for making a change in drug use
- Develop an action plan to deal with triggers and cravings